

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

-----  
Applicant: Maresh Art Unit: 3764  
Serial No: 09/065,308 Examiner: Crow  
Filed: 04/23/98  
Title: EXERCISE METHODS AND APPARATUS  
-----

FAX RECEIVED

DEC 11 2002

GROUP 3700

Certificate of Facsimile Transmission

I hereby certify that this TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION and the items identified herein (4 pages total) are being sent via Facsimile Number (703) 872-9302, to the Assistant Commissioner for Patents, Washington, D.C. 20231, on this 11th day of December, 2002.

MAKUL  
Mark A. Krull

TRANSMITTAL SHEET AND DEPOSIT ACCOUNT AUTHORIZATION

Assistant Commissioner for Patents  
Washington, D.C. 20231

Dear Sir:

Transmitted herewith is/are:

x Amendment and Response (2 pages)

Please consider this a request for any necessary extension of time, including a one month extension of time.

Please charge any fee deficiencies, including \$55.00 for a one month extension of time, to USPTO Deposit Account No. 501463. This document is being submitted in duplicate.

MAKUL  
Mark A. Krull  
Reg. No. 34,205

P. O. Box 7198  
Bend, OR 97708  
(541) 385-0383

#22  
AR 12/12/02

-----  
IN THE UNITED STATES PATENT AND TRADEMARK OFFICE  
-----  
Applicant: Maresh Art Unit: 3764  
Serial No: 09/065,308 Examiner: Crow  
Filed: 04/23/98  
Title: EXERCISE METHODS AND APPARATUS  
-----

Certificate of Facsimile Transmission

I hereby certify that this AMENDMENT AND RESPONSE is being sent via Facsimile Number (703) 872-9302, to the Assistant Commissioner for Patents, Washington, D.C. 20231, on this 11th day of December, 2002.

MAK  
Mark A. Krull

AMENDMENT AND RESPONSE

Assistant Commissioner for Patents  
Washington, D.C. 20231

Dear Sir:

Introduction

This Amendment and Response is being submitted in reply to an Office Action dated August 13, 2002. Authorization to charge the fee for a one month extension of time is being transmitted herewith.

In the claims

Please cancel claims 23-24 without prejudice.

Remarks

In the subject Office Action, the Examiner rejected claims 10-22 under the judicially created doctrine of obviousness-type double patenting as being unpatentable over the claims of eleven (11) patents (it appears that U.S. Pat. No. 6,080,086 was inadvertently listed twice). Applicant respectfully traverses this rejection and requests reconsideration for the reasons set forth below.